What is claimed is.

THE CLAIMS DEFINING THE INVENTION ARE AS FOLLOWS:

1. A mirror mounting assembly having improved means for preventing unwanted movement of said mirror comprising:

a mirror support for holding a mirror,

a base portion,

a pivoting joint between said mirror support and said base portion that allows said mirror support to pivot with respect to said base portion,

a link extending between said mirror support and said base, a first end of said link held with respect to either said mirror support or said base portion, and

an aperture in either said mirror support or said base into which the second end of said link locates, there being a tight sliding fit between said aperture and said link which allows said link to move through said aperture so that said mirror support may be adjusted with respect to said base, but which acts to prevent unwanted movement of said mirror support during normal use.

- 2. A mirror mounting assembly according to claim 1 wherein said link is pivotally attached to said mirror support.
- 3. A mirror mounting assembly according to claim 2 where said first end of said link comprises a ball, said mirror support further comprising a socket within which said ball locates.
- 4. A mirror mounting assembly according to claim 1 wherein said aperture comprises a pair of walls, one of said walls being resiliently movable.
- 5. A mirror mounting assembly according to claim 4 wherein said link comprises a flat elongate member.
- 6. A mirror mounting assembly according to claim 5 wherein said link has a generally rectangular cross-section.

- 7. A mirror mounting assembly according to claim 4 further comprising a spring applying force to one of said walls.
- 8. A mirror mounting assembly according to claim 1 wherein said aperture comprises a pair of walls where one of said walls is movable and further comprising a force means so that said wall is resiliently movable.
 - 9. A mirror mounting assembly according to claim 8 wherein said one wall is hinged to said base portion.
 - 10. A mirror mounting assembly according to claim 9 wherein said force means comprises a spring.
 - 11. A mirror mounting assembly according to claim 1 wherein said aperture comprises a pair of movable walls and further comprising a force means to allow resilient movement of said walls.
 - 12. A mirror mounting assembly according to claim 11 wherein said walls are held together by a frame where said frame is attachable to said base portion.
- 13. A mirror mounting assembly according to claim 12 wherein said force means comprises a spring.
 - 14. A mirror mounting assembly according to any one of claims 8 or 11 wherein said link comprises a flat elongate member.
 - 15. A mirror mounting assembly according to claim 13 wherein said link has a generally rectangular shape.

- 16. A mirror mounting assembly having improved means for preventing unwanted movement of said mirror comprising:
 - a mirror support for holding a mirror,
 - a base portion,
- a pivoting joint between said mirror support and said base portion that allows said mirror support to pivot with respect to said base portion,
- a pair of links extending between said mirror support and said base, a first end of each said link held with respect to either said mirror support or said base portion, and
- a pair of apentures in either said mirror support or said base into which the second ends of said links locate, there being a tight sliding fit between said apertures and said links which allows said links to move through said apertures so that said mirror support may be adjusted with respect to said base, but which act to prevent unwanted movement of said mirror support during normal use.
- 17. A mirror mounting assembly according to claim 16 wherein each said aperture comprises a pair of walls, one of said walls of each said aperture being movable and further comprising a force means applied to each said movable wall so that they are resiliently movable.
- 18. A mirror mounting means according to claim 17 wherein said force means comprises a spring placed between said movable walls.
- 19. A mirror mounting means according to claim 18 wherein said movable walls are hinged to said base portion.
- 20. A mirror mounting means according to claim 17 wherein said links comprise flat elongate members with a generally rectangular cross-section.

- 21. A mirror mounting means according to claim 17 wherein each said pair of walls is held together by a frame where said frame is attachable to said base portion.
- 22. A mirror mounting means as hereinbefore described with reference to and as illustrated in the accompanying drawings.

